

# KEY TRENDS FOR PLASTICS IN HEALTHCARE

UNDERSTANDING THE SCOPE OF OPPORTUNITY AND USING  
SIMULATION TO MAKE SMARTER DECISIONS FASTER

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# INTRODUCTION

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## INTRODUCTION

# Plastics are revolutionizing modern healthcare

From disposable syringes to heart valves, plastics have helped usher in the era of modern healthcare. They enable single-use products that improve sanitation, convenience and cost-efficiency. They offer ideal durability for storage, transportation, and waste disposal applications. They are vital to pacemakers, stents, and other innovations that depend on tiny or intricate injection molded parts. And advanced materials are paving the way for medical-grade plastics that have superior temperature, chemical, and corrosion resistance.

For all of these reasons, the medical plastics niche is growing rapidly. This \$20 billion market includes everything from handheld surgical tools and heart monitors to breathing masks and disposables, and is part of the larger injection molded plastics market, which is expected to reach nearly US\$500 billion by 2025.<sup>1</sup>

To capture opportunities in this rapidly growing market, product developers and engineers need to explore ideas quickly, create innovative designs very efficiently, meet strict regulatory requirements, and address rising concerns about the sustainability of plastics.

In this ebook, we will take a look at four important trends in medical plastics, the implications of these trends have on the design process, and how simulation software can help product developers and mold engineers overcome these challenges.



# KEY TRENDS

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## KEY TREND

# Cost pressures are increasing

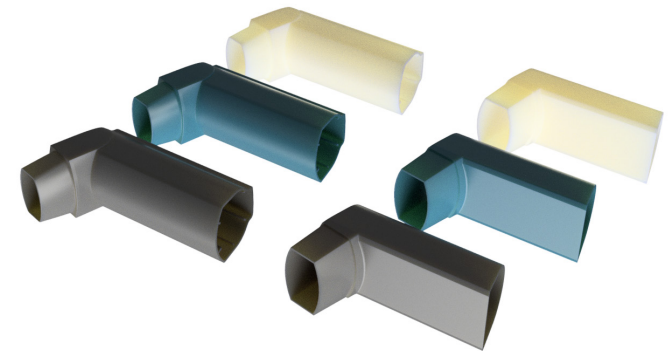
Cost pressures in healthcare are intense, especially for medical products.

The medical device excise tax, introduced by the Affordable Care Act in 2013, is returning in 2018, increasing overall manufacturing costs for many medical devices. At the same time, hospitals are increasing scrutiny of budgets for medical devices through specialized “value analysis committees,” which evaluate device effectiveness and price. Not surprisingly, price weighs more heavily on the final assessment of value.<sup>2</sup>

Manufacturers need to alleviate this pressure and plastics offer a sensible, straightforward solution. Plastic parts can be mass produced affordably and used in a wide range of applications. And they exhibit a long list of other characteristics that make them more cost-efficient than metals, including:

- Longer life spans
- Better impact and dent resistance
- Increased corrosion resistance for lower maintenance costs
- Molded-in assembly features that are easier to sterilize
- Lower risk of reaction with the human body, which is critical for implantable products
- Lower weight for reduced material costs and shipping costs
- Colorability that eliminates secondary painting costs

As we will see in the next section, the advantages of plastic over metal are particularly relevant to one of the most exciting trends in healthcare.



## KEY TREND

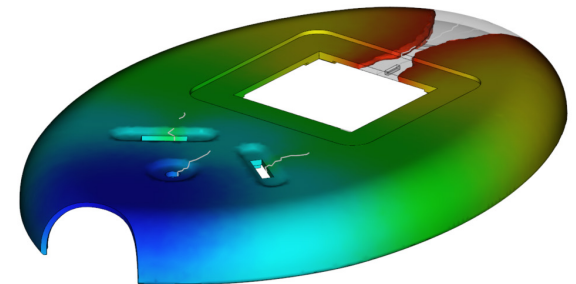
# Digital health is in full swing

Digital health refers to a broad spectrum of technologies in healthcare that use information and communication technology to deliver care more efficiently and improve patient outcomes. It is part of the broader Internet of Things (IoT) trend, which is reshaping how many industries capture, transmit, and use data. After years of promise, digital health solutions are finally gaining market momentum, from telemedicine to mobile apps to wearable devices.

Digital health has big implications for manufacturers. More medical products – and not just medical devices – will need to accommodate embedded sensors and electronics. This will raise product costs, so manufacturing costs will need to come down to protect margins. Products may also need to withstand new environments and operating conditions to capture the right data. In all likelihood, digital health solutions will require product designs that are more complex and intricate.

Plastics are ideal for digital health applications, especially compared to metals. Plastics offer better electrical insulation properties, which will be necessary for embedded electronics. Injection molding can mass-produce sophisticated designs – including electronics housings – more cost-effectively. This process also allows engineers to pursue more complex innovations without sacrificing part strength.

Finally, advanced plastics – made with the help of additives, fillers, composites, and secondary operations – give designers, engineers, and manufacturers many more options for finding the precise combination of characteristics required to create groundbreaking medical devices and tools.



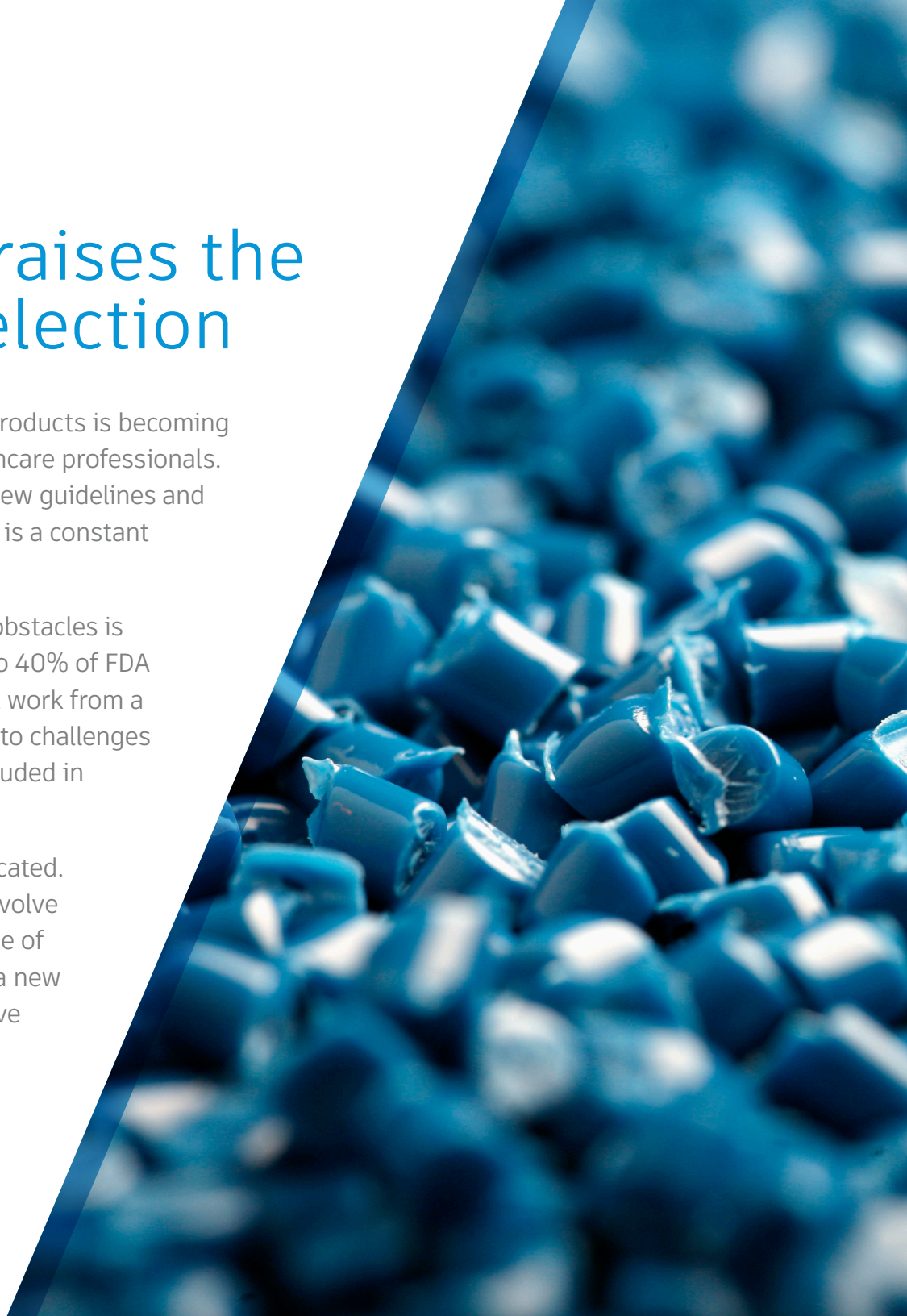
## KEY TREND

# Regulatory pressure raises the stakes for material selection

Around the world, the regulatory environment for medical products is becoming stricter in order to increase the safety of patients and healthcare professionals. Agencies in the U.S., Europe, and Asia continue to develop new guidelines and tighten existing ones. Keeping up with evolving regulations is a constant challenge for engineers.

For manufacturers of medical products, one of the biggest obstacles is material selection. Material selection is responsible for up to 40% of FDA recalls for U.S. medical devices.<sup>3</sup> Often, manufacturers must work from a list of pre-approved materials. However, they can still run into challenges for device approvals, requiring alternate materials to be included in device submissions.

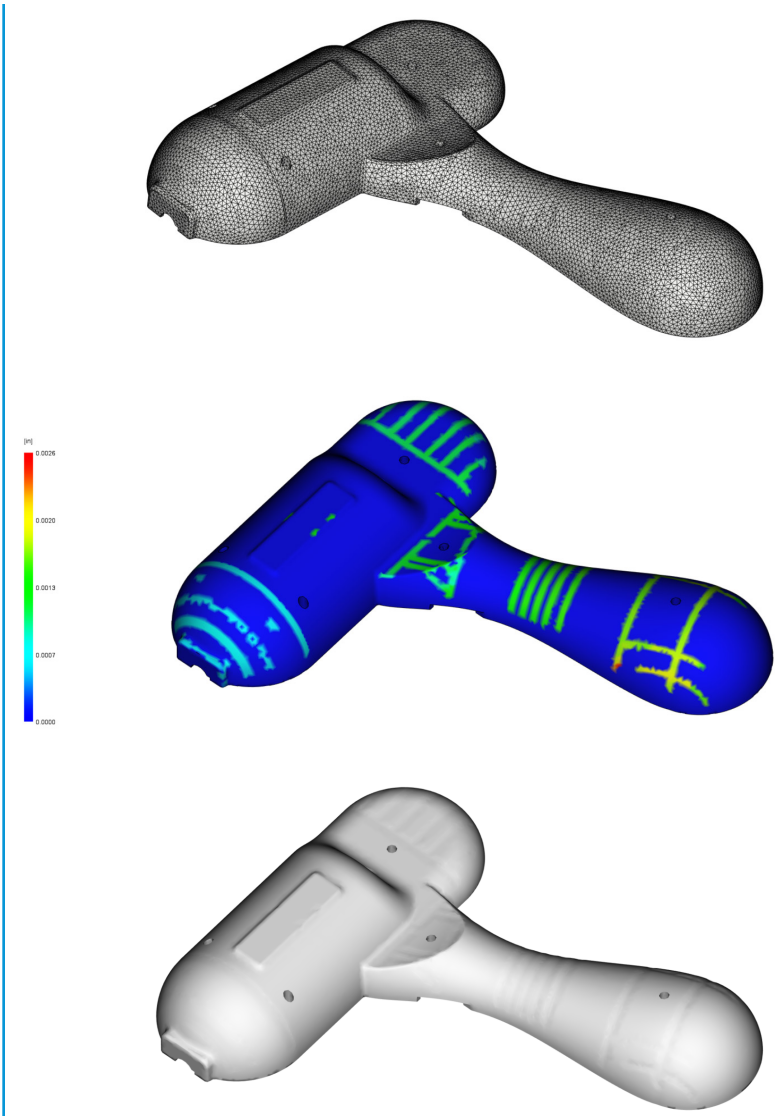
This means the stakes are high. Material selection is complicated. It requires insight into the final device's usage, which can involve competing factors such as product type, lifespan, and degree of exposure to the patient's body. At the same time, choosing a new material after the product is engineered is not only expensive and time-consuming; it slows time to market and affects competitive positioning.





During selection, engineers can't lean too heavily on material data sheets. These tests are performed under ASTM conditions (usually 23°C and 50% relative humidity), which may differ greatly from actual operating environments. In other words, engineers need to better understand the tradeoffs and nuances in design, earlier in the process. As we will see, simulation software holds the key to making more confident material selection decisions.

It's also important to note that plastics can help manufacturers comply with tighter regulations. Hospital-acquired infections (HAIs) are just one example. Nearly 1 in 20 inpatients experiences an HAI<sup>4</sup>, which can increase hospital stays by 350%<sup>4</sup> and have led to new sterilization recommendations from several regulatory bodies. Fortunately, plastics offer new alternatives to traditional sterilization techniques, such as non-stick coatings that prevent bacteria from colonizing the surfaces of medical products as well as antibiotic polycarbonate that can kill bacteria on contact.



## KEY TREND

# Sustainability concerns are growing

Sustainability is a growing concern for all manufacturers, including those that make medical products. Of course, every material has an environmental impact, from its extraction to its end of life. Plastics are no different, and their negative impacts are well known. Still, some plastics have distinct advantages over other materials that can help offset those negative traits. This makes it challenging for designers and engineers to make informed decisions when using plastics.

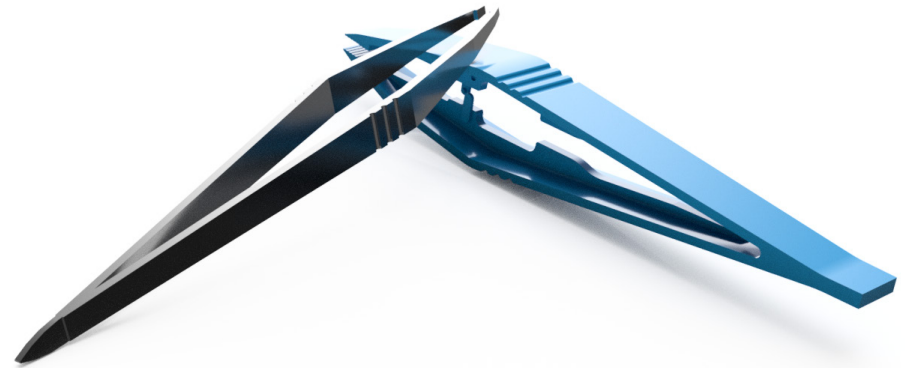
In general, plastics require less energy to produce (62 to 108 megajoules of energy per kilogram (MJ/kg)) when compared with two alternate, popular materials used for medical products, silicone (230 to 235 MJ/kg) and titanium (900 to 940 MJ/kg). If there is an option to replace a silicone or titanium component with a polymer, this manufacturing savings could present the engineer with an advantage to help justify the decision.

The manufacturing process matters too. Specifically, injection molding has less impact than machining or 3D printing for large production runs because its fixed impacts (tooling and setup) are divided across (potentially) millions of parts.<sup>5</sup>



Engineers can also look to bioplastics, which can help address the lack of recyclability of medical products due to contamination hazards. Bioplastics are made from renewable resources (like corn and sugarcane), biodegradable materials, or both. And they can be produced with conventional processes, including injection molding. In fact, the bioplastics market is growing rapidly due to the introduction of bio-based PE and PET, as well as PHA, which is used to make dissolvable stitches and the pins, tacks, and screws that help bones heal during reconstructive surgery.

As with the other key trends, the upshot is that engineers need to carefully evaluate tradeoffs during material selection and product design. This is where simulation software comes in.



# HOW SIMULATION HELPS

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## HOW SIMULATION HELPS

# Engineers explore more ideas more rapidly

To take advantage of all the new opportunities these key trends present, designers and engineers can't settle for familiar approaches. They need to explore more options more quickly, earlier in the development process, and improve the accuracy of new designs.

Simulation software, including Autodesk Moldflow®, helps address all of these challenges. Essentially, it automates many of the steps required to optimize the injection molding process. It helps users visualize mold and part designs to evaluate the effects of design decisions, compare materials, and adjust every step in the process – from part geometry to total cycle time.

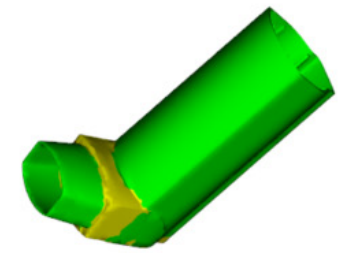
These capabilities give users everything they need to address key trends in the medical plastics.



# HOW SIMULATION HELPS Alleviate cost pressures

To contend with increasing cost pressures, for example, designers and engineers can calculate part costs according to material choice, scrap rate, regrind allowance, energy costs and other inputs (a capability called the Cost Adviser within Moldflow).

These calculations make it easier for engineers to compare manufacturing costs when considering various materials or mold cavitation changes. Moldflow also lets users add tooling costs to the estimate, as well as analyze energy consumption. The result is a more in-depth picture of total manufacturing cost and how specific choices affect that cost.



Scale (200 mm)

Material cost	214512.41 (\$)
Mold cost	308081.63 (\$)
Machine usage cost	119422.17 (\$)
Post-molding cost	0.00 (\$)

Total cost per shot	
Material cost per shot	0.21 (\$)
Mold cost per shot	0.30 (\$)
Molding cost per shot	0.12 (\$)
Post-molding cost per shot	0.00 (\$)

Material cost	
Total shots to be produced	10
Scrap rate	2.0
Estimated production including scrap	10
Cavity volume	11
Maximum regrind allowance	0.0
Total material required	12
Material cost	17
Material cost for total production	21
Material cost per shot	0.2
Used material cost per shot	0.2

Mold cost	
Mold construction cost	10
Total shots per mold life cycle	80
Mold maintenance cost per shot(s)	0.2
Total molds required	1
Total mold cost	30
Mold cost per shot	0.3

Molding cost	
Cycle time	15
Machine cost per hour(s)	27
Down time	1.0
Total machine usage cost	11
Molding cost per shot	0.1

Post-molding cost	
Finishing cost	0.0
Assembly cost	0.0
Secondary operations	0.0
Packaging cost	0.0
Shipping cost	0.0
Overhead cost	0.0
Other cost	0.0
Total post-molding cost	0.0
Post-molding cost per shot	0.0

## Cost breakdown



## HOW SIMULATION HELPS

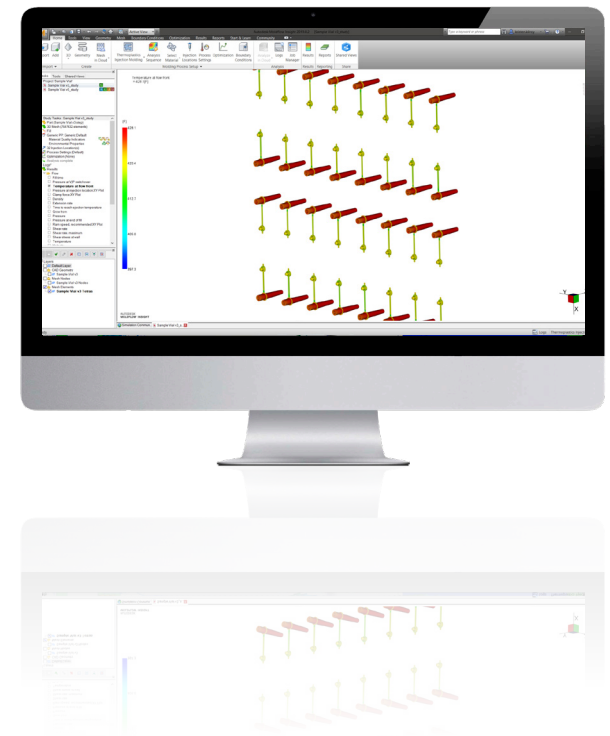
# Deliver more complex designs

As noted earlier, digital health solutions will require more complex product designs. In these cases, it can be difficult to identify manufacturability. Simulation software can help here as well. Moldflow's Design Adviser, for example, helps pinpoint design issues that could cause part filling, quality, and ejection issues through draft, undercut, and thickness results.

Simulation can also validate the choices product designers and mold engineers make. In this context, validation explores whether the particular combination of part design, material choice, and molding processes will perform as expected – and if not, how it might fail. This helps prevent errors that delay time to market and ensures products are prepared to meet strict regulatory requirements.

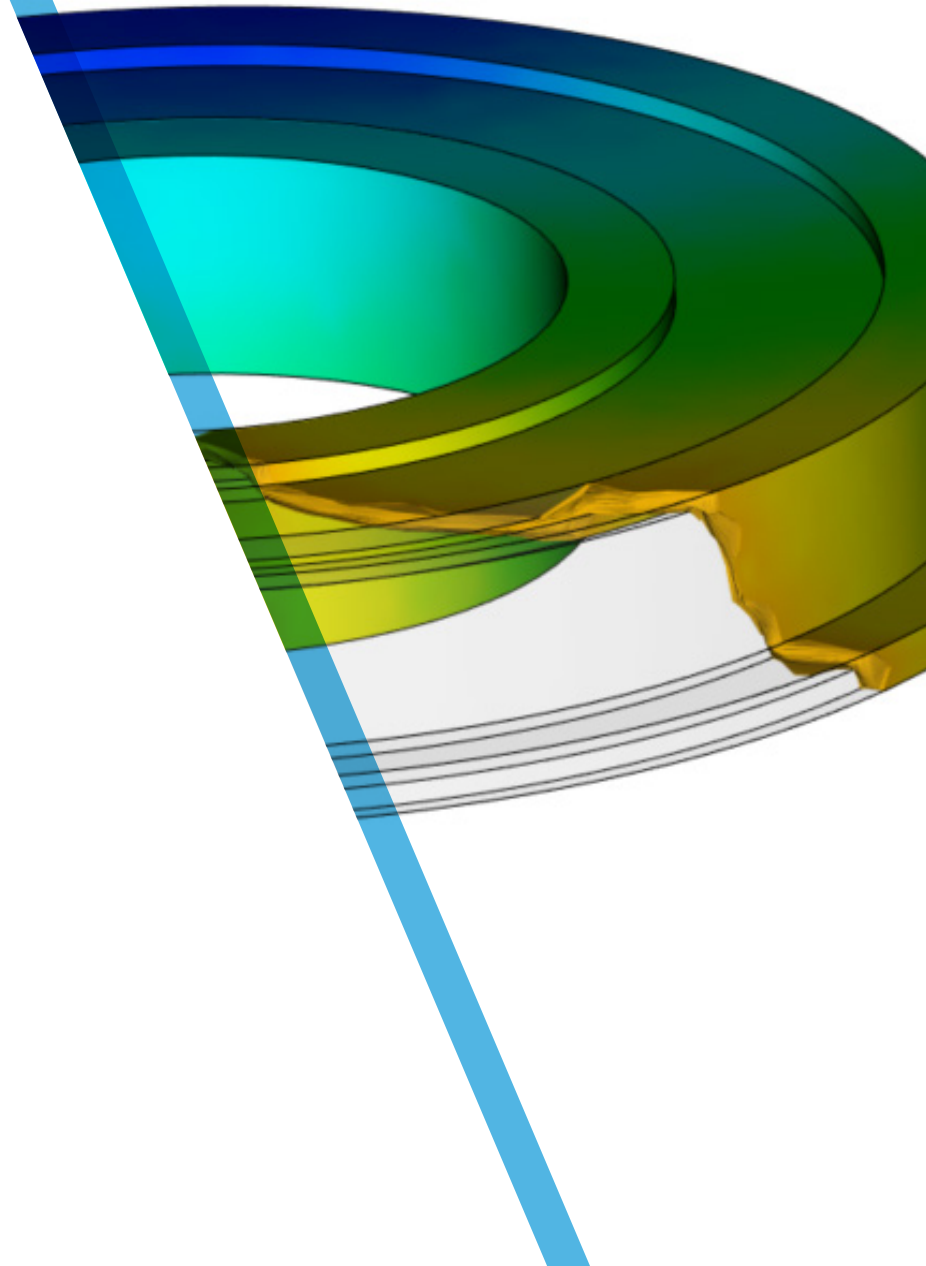
Taking this concept further, engineers can use simulation software to perform a deeper investigation of manufacturability. This involves optimizing specifications such as part flatness, roundness, critical dimensions, and warpage through automated design of experiments (DoE) and parametric analyses, which can help engineers to consider more design options in less time.

Moldflow's comparison tools enable fast and easy interpretation of results and can export options to finite element analysis (FEA) software for further structural analysis. Instead of manually adjusting the design for each variable, engineers can simply define a range of values to investigate for wall thickness, fill time, melt temperature, gate sizes, or another parameter.



Each analysis represents one possible combination of the selected parameter values. For example, engineers can specify a range of values to investigate wall thickness in order to minimize the amount of plastic used in the design, while still being able to manufacture the part and meet structural requirements. The simulation software will then run several analyses on a local machine or through a cloud-based solver. This way, engineers can adjust multiple factors and move toward a better decision, all without changing the original CAD design and reimporting the model each time.

Moldflow's result export options also allow engineers to include the impact of the manufacturing process in the structural analysis. The connection with Autodesk Helius PFA allows as-manufactured properties to be sent to FEA programs, including Autodesk Nastran® In-CAD. Engineers can use this to analyze structural properties while under load when considering an injection molded part's fiber orientation or weld line strength.



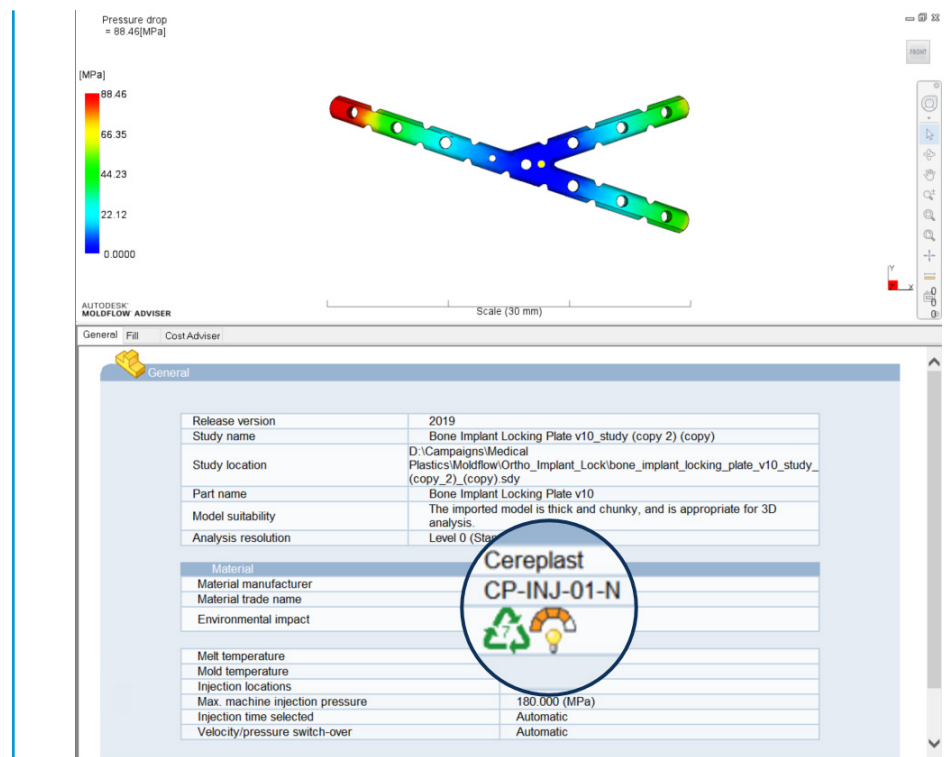


## HOW SIMULATION HELPS

# Support regulatory compliance and sustainability

Finally, recall that the key trends of increased regulation and sustainability both depend heavily on material selection and comparison. Simulation software makes these processes more efficient.

To aid with material selection, Moldflow includes a material database with more than 10,000 pre-loaded materials that can be simulated. Detailed analyses of energy consumption and recyclability requirements allow engineers to understand the environmental impact of different materials, so they can make more informed decisions.



The material database also contains a handful of bioplastics. Because bioplastics are difficult to develop, manufacturers tend to keep the details about formulations private. And if engineers are considering a material that is not in the database, Moldflow gives designers the opportunity to have the material tested and fitted for simulation by the [Autodesk Moldflow Plastics Lab](#) or a partner lab.

To help with comparison, simulation software enables users to understand the unique characteristics and tradeoffs of candidate materials.

With simulation, designers can compare cost and part quality side by side to evaluate the effects of material choices on warpage, sink marks and surface finish. They can narrow down choices faster—and with greater confidence. And they can discover – and address – potential issues long before prototyping, when making changes is much more expensive and time-consuming.

Trade name	Energy usage...	Resin identification code	Family abbreviat
RTP 0299 X 141120 ...	2	7	PA66
RTP 0299 HX 14675...	2	7	PA66
Rilsan Clear G170	4	7	PA (amorphous)
Tritan HM1020	5	7	PETG
Tritan HM1040	5	7	PETG
Tritan HM1060	5	7	PETG
H20H-00	3	7	PP(HOMO)
Dryflex 928108	3	7	TPE
Fibremod CB201SY	3	7	PP
Novodur H701	5	7	ABS
RTP 1099 X 104186 ...	3	7	PBT
Eastman Copolyest...	4	7	PETG
Eastman Copolyest...	5	7	PETG
Fibremod GE409SFB	2	7	PP
Thermofil HP F711X...	2	7	PP
VESTAMID L-GF15 ...	3	7	PA12
Rilsamid ASR 13	4	7	PA12
Rilsan BMNO TLD	2	7	PA11
MFC093	2	7	TPO
LAPOLEN K1830 LE	2	7	PP(CO)
Rilsan BSR 30	3	7	PA11
Rilsan Clear G820 R...	4	7	PA (amorphous)
Novodur P2MC	4	7	ABS
NAKAN - RAD 400 ...	5	3	PVC
ambollon PVDF 24	3	7	PVDF
RTP 0399 X 144164 ...	4	7	PC
MFC131	2	7	TPO
ED113AE-9502	3	7	PP
Witcom PBT-2012/2...	3	7	PBT
Novodur H801	5	7	ABS

Report... Export... Details... Search... Columns...  
Compare Cancel Help

To compare materials, select two or more entries in the list.

# CONCLUSION

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# Conclusion

Plastics are vital to the medical industry. The four key trends explored here, indicate that the role of plastics will only become more essential. That is precisely why product developers and mold engineers have such a huge job ahead of them – one that will involve intense cost competition, more complex designs, stricter regulatory requirements, and greater awareness of sustainability.

Simulation software, including Autodesk Moldflow, empowers all stakeholders – including product developers, designers, engineers, and analysts – to make the right choices. From product design to material selection to process optimization, simulation makes it easier to understand what choices are feasible, how small changes affect the big picture, and how to manage all of the tradeoffs necessary to deliver an innovative, high-quality and cost-efficient result.



# GET STARTED

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To learn how Autodesk Moldflow software can help you take full advantage of opportunities in the fast-growing medical plastics market, contact us today or visit

[www.autodesk.com/products/moldflow/free-trial.](http://www.autodesk.com/products/moldflow/free-trial)





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